

Treatment Approach

Our treatment philosophy is based on the understanding that addiction is a chronic disease not a moral failing. Individuals suffering from substance use disorders deserve and require evidence-based treatment in settings that offer privacy and dignity.

Our approach is holistic. Rather than focusing solely on an individual's use of drugs or alcohol, we treat the whole person.

Like other chronic diseases, such as diabetes, there are no quick fixes or easy cures for addiction. Good long-term outcomes result from providing individuals with the tools and support they need to achieve and maintain recovery.



Gavin Foundation, Inc.

AAWOL Program
Center for Recovery Services
Charlestown Recovery House
Cushing House Boys
Cushing House Girls
Devine Recovery Center
Gavin House
The Graduate Centers
Hamilton House
Ostiguy High School
Quincy ATS/CSS
Total Immersion Program
Walsh Community Center

The Gavin Foundation is a nonprofit multi-service agency providing comprehensive, community-based substance abuse education, prevention and treatment. We work from a deep commitment to the community, including the widespread community of individuals and families in recovery.



www.gavinfoundation.org

Rev. 10-2017



Intensive Treatment and
Clinical Stabilization
Services in Quincy

43 Old Colony Avenue
Quincy, MA 02170

Admissions
617-845-5785

Begin your journey to recovery safely and comfortably with skilled, compassionate care

Our 64-bed healthcare facility provides Acute Treatment Services (“detox”) and Clinical Stabilization Services to adults struggling with alcohol or drugs, including heroin and prescription drugs.

The programs offer separate units for men and women and both focus on stabilizing individuals, support their motivation to change, and link them to continued treatment and services.

Since no two people are the same, we believe no two treatment plans should be the same. Care is tailored to meet individual needs, taking into account biological, social and psychological factors.

The program is staffed by highly skilled, licensed professionals who work with each client to develop an individualized treatment plan and determine appropriate aftercare.



Admissions

Referrals are accepted 24 hours a day, seven days a week, from individuals and family members, as well as other healthcare providers through the Phoenix House New England Central Intake Office.

We can typically see you for an assessment and admit you to a program within 24 hours.

Gavin Foundation ATS/CSS accepts most insurance plans and self-paying clients. All major credit cards are accepted. Please view our website for more information.

Acute Treatment Services

Acute Treatment Services include detoxification (medically monitored withdrawal services) to ensure that clients go through the physical symptoms of discontinuing their drug or alcohol use safely and comfortably.

Clients also receive education, motivational interventions, and case management services to guide them to the next level of care.

The average length of stay is three to five days.

Clinical Stabilization Services

Clinical Stabilization Services use evidence-based practices to provide a bridge between initial withdrawal and the next steps to sustainable recovery.

Clinical interventions and treatment focus on managing symptoms, especially those associated with Post-Acute Withdrawal Syndrome and ensuring that clients have the coping skills and tools necessary to build a strong foundation for long-term recovery.

The average length of stay is 14 days.

Post-Acute Withdrawal Syndrome

After detoxification, urges to use drugs may continue. During the first two weeks of recovery, PAWS may heighten cravings, and individuals may become prone to relapse.

Symptoms include drowsiness, pain sensitivity, insomnia, slurred speech, nausea, depression, paranoia and anxiety.

The most effective way to ensure a client’s long-term progress is to address these symptoms through clinical and medical interventions early in recovery.