The Cushing House Program provides the following services

- Intake/Assessment
- Comprehensive substance abuse treatment
- Mental health counseling services referral and planning
- Case management/service referral and coordination
- Psycho-education
- Primary care assurance and health education
- Life skills enhancement and vocational/educational support
- Recovery support
- Aftercare planning
- Discharge planning
- Parents support group



Gavin Foundation, Inc.

AAWOL Program Center for Recovery Services Charlestown Recovery House Cushing House Boys Cushing House Girls

Devine Recovery Center Gavin House The Graduate Centers Hamilton House Ostiguy High School Phoenix House Quincy Speakers for Hope Total Immersion Program Walsh Community Center

The Gavin Foundation is a multi-service agency providing comprehensive, community-based substance abuse education, prevention and treatment. We work from a deep commitment to the community, including the widespread community of individuals and families in recovery.



www.gavinfoundation.org

Cushing House

Residential Addiction Treatment for Adolescents



Gavin Foundation, Inc. 54 & 58 Old Colony Avenue South Boston, MA 02127

CUSHING HOUSE ADOLESCENT TREATMENT PROGRAM



The Gavin Foundation operates two longterm addiction recovery homes for adolescents, one for males and one for females, with sixteen young men and fourteen young women between the ages of 16 and 20. We serve close to 100 youth and their families each year. Although both programs use a similar structure, gender specific groups and activities are included in the programs. Most residents are diagnosed with moderate to severe substance use disorders, and have difficulty in school and at home. Some are involved with the criminal justice system.

Cushing House promotes self-care, selfreliance and community responsibility, through structured activities and the experience of living in a residential setting. Residents participate in life skills training including cooking, cleaning and other chores. We help youth create positive values.

Both programs are licensed as residential rehabilitation programs for adolescents by the Department of Public Health, Bureau of Substance Abuse Services.

CLIENT PARTICIPATION

Cushing House provides a nurturing environment for adolescents who are in need of a structured treatment setting. We educate clients on the nature of addiction, introduce the practice and principles of recovery and help clients affirm a positive value system.

Groups and activities include:

- Morning meditation
- House meetings
- Four-on-one groups
- Individual counseling
- Step groups
- Big Book
- AAWOL
- Family Support/Family Group
- Relapse Prevention
- Life Skills training
- Health Education
- Sports and Art Therapy



FAMILY INVOLVEMENT

The Cushing House program engages the family for participation in treatment planning, selected program activities, counseling services and discharge planning.

The Cushing House program promotes healing in family relationships by providing groups for parents and opportunities for families to socialize with each other, and other families in the program.

The Cushing House program provides families with a web of services to support sobriety and addiction recovery.

PLEASE CONTACT US

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